

GOLDEN GOURMET

5 Complete Meal Solution Menus

6/2017

Code 4324D Week 1

Country herb chicken Mashed potatoes Green beans Carrots Milk Margarine Whole wheat bread Raisin Bran Orange Juice 5046	Turkey Dressing gravy Corn Green beans Milk Margarine Whole Wheat bread Nutrigrain bar Orange juice 5053	Swedish Style Meatballs Noodles Broccoli Black Bean Blend Milk Margarine Whole Wheat Bread Moon pie Apple Juice 5062	Homestyle lasagna Italian green beans Garbanzo bean blend Milk Margarine Whole wheat bread Moon pie 5098	Mesquite chicken bbq Carrots Green beans Milk Margarine Whole Wheat bread Apple juice Raisins 5041
---	--	--	--	---

Code 4325D Week 2

Chicken Cacciatore Brussel Sprouts Yellow Squash Milk Margarine Whole Wheat bread Raisins 5060	Chicken Ala King Cheesy Cauliflower Chickpeas Milk Margarine Whole wheat bread Orange Juice 5086	Charbroiled Beef patty Mashed potatoes Peas and carrots Black bean blend Milk Margarine Whole Wheat bread Orange juice 5049	Salisbury steak Red skin potatoes Peas and carrots Milk Margarine Whole Wheat bread Squeezable fruit 5044	Chicken Rice w Mushroom Sauce Broccoli Carrots Milk Margarine Raisins Apple juice 5066
--	--	---	--	---

Code 4326D Week 3

Homestyle lasagna Italian green beans Garbanzo bean blend Milk Margarine Whole wheat bread Moon pie 5098	Meatballs Mushroom Gravy Zucchini Mixed vegetables Milk Margarine Whole wheat bread Orange juice 5094	Southern Style Fish Green peas California blend Milk Margarine Whole Wheat bread Raisins 5099	Turkey Pot Roast Mashed Potato Green Beans, Carrots Milk Margarine Cinnamon Applesauce 5074	Sante Fe Chicken Lima Bean Blend Corn Milk Margarine Whole Wheat bread Orange Juice 5093
--	---	--	--	--

Code 4327D Week 4

Meatloaf Gravy Brussel Sprouts Corn Whole Wheat bread Milk Margarine Squeezable Fruit 5048	Spaghetti Meatballs Broccoli Black bean blend Milk Margarine Whole Wheat bread Orange juice 5043	Breaded Baked Fish Brussel sprouts Yellow squash Milk Margarine Whole Wheat bread Raisin bran Apple juice 5045	Chicken Teriyaki Oriental snap peas Yellow squash Milk Margarine Whole wheat bread Nutigrain bar Raisins 5054	Roasted Chicken Red skin Potato Snap peas and carrots Milk Margarine Whole Wheat bread Apple Juice Moon Pie 5040
--	--	---	--	---

Code 4328D Week 5

Fiesta Chicken Black Beans & corn Yellow squash Milk Margarine Whole Wheat bread Orange juice 5077	Brunswick Stew Green beans Carrots Milk Margarine Whole wheat bread Squeezable fruit 5090	Beef Patty gravy Black bean blend Peas and carrots Milk Margarine Whole Wheat bread Orange juice 5049	Chicken Ala King Cheesy Cauliflower Chickpeas Milk Margarine Whole wheat bread Orange juice 5086	Turkey Tetrzzini Yellow squash Spinach & chickpeas Milk Margarine Whole wheat bread Cinnamon applesauce 5068
--	---	---	--	---

Code 4338D Week 6

Turkey Pot Roast Mashed Potato Green Beans, Carrots Milk Margarine Whole Wheat bread Cinnamon Applesauce 5074	Southern Style Fish Green peas California blend Milk Margarine Whole Wheat bread Raisins 5099	Chicken Rice w Mushroom Sauce Broccoli Carrots Milk Margarine Raisins Apple juice 5066	Roasted Chicken Red skin Potato Snap peas and carrots Milk Margarine Whole Wheat bread Apple Juice Moon Pie 5040	Salisbury Steak Red skin potato Pease and carrots Milk Margarine Whole wheat bread Squeezable Fruit 5044
---	---	---	---	--

Code 6101D Breakfast

Cheddar Cheese Omelet Turkey Sausage Seasoned Potato's Diced Peaches Milk Margarine Whole Wheat Bread Apple Juice 6024	Western Scramble Cinnamon peach half Seasoned potatoes Milk Margarine Whole Wheat bread Raisin Bran 6021	Omelet Turkey Sausage, Diced Peaches, Seasoned Potato's Milk Margarine Raisin bran 6026	Biscuits Gravy Roasted Potatoes Sliced apples Milk Margarine Whole Wheat bread 6027	French Toast Sticks Turkey Sausage Patty Cinnamon peaches Milk Margarine Raisin Bran Orange juice 6022
--	---	--	--	---

Code 6102D Breakfast

Spanish Omelet Maple Oatmeal Cinnamon apples Milk Margarine Whole Wheat bread Raisin Bran Orange juice 6020	Cheesy Scrambled Eggs, Turkey Sausage Patty, Grits Milk Margarine Whole Wheat Bread Raisin Bran 6019	Western Scramble Cinnamon Peach half Seasoned potatoes Milk Margarine Whole Wheat bread Raisin Bran 6021	Omelet Turkey Sausage Seasoned Potatoes Diced peaches Milk Margarine Whole Wheat bread Raisin Bran 6026	Buttermilk Pancakes Turkey Sausage Seasoned potatoes Cinnamon Apples Milk Margarine Whole wheat bread Squeezable fruit 6025
--	---	--	--	--

Case cube; .065

TI/HI; 13/11

Cases per pallet; 143

Case dimensions: 15.06 x 9.44 x 7.88