

GOLDEN GOURMET

5 Complete Meal Solution Menus

menu 08/15/19

Code 4324 Week 1

Cheesy Scrambled Eggs Turkey Sausage Grits Sweet Potatoes Milk margarine Whole wheat bread Raisins Orange Juice 6019	Salisbury steak cubed potatoes Peas and carrots Milk Margarine Whole Wheat bread Oatmeal Cookie 5044	Herb chicken Mashed potatoes Green beans Carrots Milk Margarine Whole wheat bread Raisin Bran Orange Juice Raisins 5046	Cheese lasagna Italian green beans Yellow squash Milk Margarine Whole wheat bread Moon pie Orange Juice 5098	Swedish Style Meatballs Noodles Broccoli Black Bean Blend Milk Margarine Whole Wheat Bread Moon pie Apple Juice 5062
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Code 4325 Week 2

Charbroiled Beef patty Mashed potatoes Peas and carrots corn Milk Margarine Whole Wheat bread Orange juice 5049	Chicken Cacciatore Brussel Sprouts Yellow Squash Milk Margarine Whole Wheat bread Raisins Raisin Bran 5060	Chicken Rice w Mushroom Sauce w mozzarella cheese Broccoli Carrots Milk Margarine Raisins Apple juice Raisin Bran 5066	Western Scramble eggs w ham Cinnamon peaches Seasoned potatoes Milk Margarine Whole Wheat bread Blended juice 6021	Meatballs w Rice w Mushroom Gravy Zucchini Mixed vegetables Milk Margarine Whole wheat bread Orange juice 5094
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Code 4326 Week 3

Southern Style Fish Over rice Green peas California blend Milk Margarine Whole Wheat bread Raisins 5099	Monterey Jack Omelet w Turkey sausage Seasoned potatoes Cinnamon applesauce Milk Margarine Whole Wheat Bread Raisin Bran Orange juice 6024	Chicken Ala King Cheesy Cauliflower Brussel sprouts Milk Margarine Whole wheat bread Apple Juice Raisins Raisin Bran 5086	Turkey dressing gravy Sweet Potatoes Green beans Milk margarine Whole wheat bread Blended juice Raisins 5053	Sante Fe Chicken Lima Bean Blend Carrots Milk Margarine Whole Wheat bread Orange Juice Raisins 5093
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Code 4327 Week 4

Cheddar Mac & Beef California Blend Peas w peppers and Onions Milk Margarine Whole wheat bread Oatmeal Cookie Raisins 5092	Chicken Broccoli Alfredo Carrots Broccoli Milk Margarine Whole Wheat bread Apple Juice Moon Pie 5042	Breaded Baked Fish Lima Beans Corn w peppers Milk Margarine Whole Wheat bread Raisin bran blended juice 5045	Chicken Teriyaki Over rice w veggies Green beans Yellow squash Milk Margarine Whole wheat bread Raisin Bran Raisins 5054	Spaghetti Meatballs Broccoli Black bean blend Milk Margarine Whole Wheat bread Orange juice 5043
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Code 4328 Week 5

Grilled Pork Patty Mashed Potatoes w Mushroom Gravy Green beans CaliBlend Veggies Milk Margarine Whole wheat bread Raisin Bran 5031	Fiesta Chicken Over rice w chili sauce Black Beans Yellow squash Milk Margarine Whole Wheat bread Orange juice Raisins 5077	Georgia Brunswick Stew Green beans Carrots Milk Margarine Whole wheat bread Oatmeal Cookie 5090	Turkey Tetrzzini Sweet potatoes Spinach w garbanzo Milk Margarine Whole wheat bread Raisins 5068	Meatloaf Gravy Brussel Sprouts Carrots Whole Wheat bread Milk Margarine Graham Crackers 5048
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Code 4338 Week 6

Turkey Pot Roast Mashed Potato Green Beans, Carrots Milk Margarine Whole Wheat bread Cinnamon Applesauce 5074	Creole Baked fish Cauliflower Green beans Milk Margarine Whole Wheat bread Orange juice 5085	Macaroni and cheese Peas Carrots Milk Margarine Whole Wheat bread Nutrigrain bar 5052	Chicken Parmesan Zucchini Yellow squash Milk Margarine Whole Wheat bread Oatmeal cookie 5047	Sweet and Sour Chicken w rice Carrots Sugar peas Milk Margarine Whole Wheat bread Raisins 5076
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Code 6101 Breakfast

Spanish Omelet Maple Oatmeal Cinnamon applesauce Milk Margarine Whole Wheat bread Raisin Bran Orange juice 6020	Buttermilk Pancakes Turkey Sausage Seasoned potatoes Cinnamon Applesauce Milk Margarine Whole wheat bread Oatmeal cookie 6025	Omelet Turkey Sausage, cinnamon peaches, Seasoned Potatoes Milk Margarine Raisin bran 6026	Cheesy Scrambled Eggs Turkey Sausage Grits Cinnamon peaches Milk Margarine Whole Wheat bread Apple Juice 6019	French Toast Sticks Turkey Sausage Patty seasoned potatoes Cinnamon peaches Milk Margarine Raisin Bran blended juice 6022
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Case cube; .065

TI/HI; 13/11

Cases per pallet; 143

Case dimensions: 15.06 x 9.44 x 7.88